

CHRISTINE KANE SKIBBEE, RDN, LDN

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OBJECTIVE

To effectively utilize my skills and experience as a nutritionist to help clients attain an increased level of health.

KEY SKILLS AND RELATED EXPERIENCE

Nutritional Assessment Counseling Teaching Nutrition Therapy Problem Solving

Nutrition and Herbal Therapist- Nurturing Remedies, 32 Georgetown Rd, West Newbury MA, 01985
April, 2009- present.

- Assess nutrition status of individuals and formulate plan to improve health through food, herbs and lifestyle changes.
- Utilize herbal and nutrition strategies to alleviate discomfort.
- Explain body function and disease process to help clients understand their present situation and formulate goals in accordance to their capabilities.
- Offer various health and nutrition related classes to the community.
- Create herb based products including tinctures, salves, teas, creams and lotions.
- Grow a number of herbs on the farm for use in herbal products.

Clinical Dietitian- Pediatric Growth and Nutrition Clinic, Lowell General Hospital, Saints Campus, 1 Hospital Drive Lowell, MA
February 2017- October 2018

- Assess children with Failure To Thrive and set goals towards normalizing growth
- Collaborate with NP and SW in regard to overall issues with patients and their families
- Communicate with MD's the patient's progress and/or possible medical concerns.
- Educate families with how to implement sensory strategies around feeding using the SOS method.
- Explore with families various food alternatives with children with multiple food allergies.

Clinical Dietitian- Seven Hills Pediatric Nursing Home, 22 Hillside Ave, Groton, MA 01450 March 2011- present.

- Monitor tube feedings of residents to ensure optimal intake of macronutrients and micronutrients.
- Assess weight and adjust tube feedings as needed.
- Prepare reports for quarterly and annual interdisciplinary meetings.
- Communicate with nursing staff and medical doctors in regard to nutrition care of residents.

Clinical Dietitian- Pediatric Growth and Nutrition Clinic, Boston Medical Center

- Assess children with Failure To Thrive and set goals towards normalizing growth.
- Collaborate with team of MD and SW in regard to overall issues with patients and their families.
- Conduct home visits and observe feeding while making suggestions to improve eating environment and meal quality.
- Submit documentation for approval of various supplements.

Clinical Dietitian- Kindred North Shore Hospital, 15 King St Peabody, MA 01960. February 2013- November 2013.

- Monitor enteral and parenteral nutrition support of patients to ensure optimal intake of macronutrients and micronutrients.
- Educate patients about various diets to follow in accordance with their medical conditions.
- Prepare reports interdisciplinary meetings.
- Collaborate with nursing staff and medical doctors in regard to care of residents.

Consultant Dietitian- Child Health Services, 1245 Elm St, Manchester, NH 03101

September 1999- September 2006

- Conducted home based nutrition assessments for children with developmental disabilities.

- Implemented and adapted nutrition therapy to achieve designated goals.
- Collaborated treatment strategies with various therapists, nurse practitioners and medical doctors.
- Provided pertinent, concise documentation to client's team members.
- Demonstrated professionalism and compassion to families in high stress situations.

Clinical Inpatient and Outpatient Dietitian- Lawrence General Hospital, Lawrence, MA

June 1998- December 1999

- Assessed nutritional status of patients ranging from the premature infant to the elderly in a busy community hospital.
- Initiated parenteral and enteral nutrition support for patients as indicated.
- Supervised and supported food services staff in implementation of new food delivery system.
- Counseled patients on techniques to implement dietary and life style changes.

Nutritionist- Seacoast Clinic, University of New Hampshire, Durham, NH

September 1998-September 1999

- Conducted home visit interviews for families attending Seacoast Clinic.
- Presented summaries of medical and nutrition issues of clients to interdisciplinary team.
- Supported a family with a child with Down Syndrome through weekly respite care.
- Presented various nutrition topics relating to developmental disabilities to students and faculty.

Teaching Assistant- University of New Hampshire, Durham, NH

September 1996- May 1997 and September 1997- May 1998

- Taught laboratory sections of an introduction nutrition course.
- Implemented a new writing intensive program as part of curriculum.
- Created new ways to effectively teach the laboratory lessons.
- Managed 3 classes of 30-35 students each.

EDUCATION

Castleton State College, Castleton, VT BA, 1990

University of New Hampshire, Durham, NH- Completion of coursework and internship for RD certification. Coursework and study completed for Masters in Adult Education, 1997.

Boston School of Herbal Studies- Pelham Terrace Arlington, MA- Apprenticeship in Herbal Medicine, 2006 and Advanced Training in Herbal Medicine, 2007.

REFERENCES: Available upon request.